Terms & Definitions

An Analytical Trilogy reference

Definitions and glossary · English reading edition

TERMS & DEFINITIONS

Introductory definitions followed by a glossary of 27 terms. This edition retains the supplied document’s wording, order and repeated passages, with improved typography and navigation.

The entries express the source’s philosophical, spiritual and clinical views. Reproducing the wording does not validate medical or scientific claims. This reference must not be used to diagnose readers, replace professional care or promise cures.

Reading this reference

Begin with Definitions for an introduction to the framework. The Glossary of Terms then presents the individual terms in the source’s original order. PDF bookmarks provide direct navigation to every section and entry.

Source: owner-supplied Terms & Definitions.pdf, six pages. Source headings, punctuation, repeated text and original expressions are preserved; only line wrapping and zero-width layout characters are normalized.

Definitions

01 / Analytical Trilogy

Analytical Trilogy is the science that grew out of Dr. Norberto Keppe's psychoanalytical school of Integral Psychoanalysis. Trilogy signifies the union of the fields of theology, philosophy and science, while Analytical expresses Keppe's scientific method of client psychoanalysis.Keppe named his method Trilogy, based on the results of the study of:

- The Human Being: Feelings (Love), Thought (reason) and Aesthetics.
- Society: Theology, Philosophy and Science (and the Arts).
- God: Divine Trinity, The Father, The Son and The Holy Spirit.

Analytical, due to the fact that it is an experimental science and accomplishes an analytical scientific work.

02 / Trilogical Psychopathology

Contrary to psychoanalytical, psychological, psychosomatic and psychiatric orientation, Keppe is the only scientist who points out that the main causes of mental illnesses are related to psychic factors, that is, factors that arise from the individual's own interior linked to the inverted application of his will. As a consequence, Keppe developed the first real psychological science.

By applying psychoanalytical science to studies accomplished in Philosophy and Metaphysics, Keppe discovered that psychic illness (neurosis and psychosis), likewise, organic and social illnesses, are the result of the distortion and destruction of pre-existent sanity in the human being. Malum privatio boni – Evil being the privation of what is good, in agreement with philosophy; and in science, illness being the privation of health.

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03 / Trilogical Socio-Pathology

Keppe has developed a scientific view of man as fundamentally a healthy and mature entity based on his assertion that the nature of life is good, beautiful and true. His scientific perspective, then, is optimistic and positive as opposed to many traditional psychoanalytical schools that see human reality in pessimistic terms. For Keppe, human dysfunction occurs when the individual deviates from his inner reality and begins to seek fulfillment in something outside his own true nature. Illness is simply the result of a desire (often inconscientized) to deny, omit or distort truth and reality. It is the factors that arise from the individual's own interior out of the inverted application of his will that cause his or her mental, physical and emotional difficulties, meaning that Keppe has developed the world's first truly psychological science.

Another fundamental aspect of Analytical Trilogy is the application of psychological wisdom to the socio-economic structure. Keppe's contention is that the greater society has been organized to serve those who pathological crave socioeconomic power. This type of organization, whose laws and philosophy are based on inverted values, is the other cause for mental and physical illness.

04 / Trilogical Spirit-Pathology

Keppe accomplished the unification of the field of spirituality with science when he considers that the human being was created essentially in goodness, beauty and truth, but, due to his opposition towards his Creator (theomania and envy) he inverts his will falling from a perfect conduct into illnesses and suffering. In this sense, the human being is similar to fallen spirits which Keppe calls schizophrenic angels – and shows the similarity in behavior of psychotics and those who are sicker, with these unhappy and destructive creatures in transcendence. Conscientization of this problematic (psychopathology) is the only means of solving the spiritual, social, psychological and organic issues.

05 / Inversion

Inversion – the principal cause of the destruction of the world Keppe sees our destruction as being primarily connected to psychological inversion, which acts on two levels:

1) Individual Level – the inversion starts within the human being in our emotional sphere, in our “values” and attitudes. For example, we are inverted when we see dishonesty, materialism, envy, corruption, hypocrisy, hatred, aggressiveness, greed, alienation, egotism, laziness, vices – in short, psychopathology – as advantageous to our lives. According to Keppe, these inverted values and attitudes have Theomania (pride, arrogance, megalomania and narcissism) as their root cause. This largely unconscious and destructive attitude leads human beings to reject everything that is good, beautiful and truthful in their own lives and in the society at large.

2) Social Level – Inversion manifests in society principally through the sick use of socio-economic power (particularly financial), which causes unfair laws, destructive habits, lack of ethics, social repression, decadent and corrupt systems and institutions that act against the people and nature. War, terrorism, racism, religious intolerance, wild private or state capitalism, manipulation by interest groups, the irrational exploitation of workers and natural resources, consumerism, the stagnation of the sciences, arts and knowledge can all be included as examples of inverted social activities.

The result of all this is physical, psychological, socio-economic and ecological disease. Note: Currently, we can see that pathological financial power is dominating the political, judiciary, legislative, religious, media powers, and has established the worst dictatorship in recorded history.

06 / Conscientization

“Consciousness is a phenomenon that involves a mediation of our feeling and intellect and depends on both to occur —the first (feeling) is the basis of consciousness and the second (intellect) is its manifestation”.

According to Keppe, consciousness is connected to ethics. A conscious individual is automatically responsible because when an ethical person perceives his mistakes and wrongdoings he is automatically compelled to correct them.

Only a massive conscientization of psycho-socio-pathology will allow humanity to change its destructive path.

To better understand these concepts, read the Analytical Trilogy books published by Proton Editora and enjoy the educational TV programs and radio programs available on this site. Those who don’t do anything to impede the destruction of the world are helping to destroy it.

Glossary of Terms

01 / ALIENATION -

The voluntary but often unperceived attitude of detaching oneself from reality and especially from the consciousness of one's errors. When we are unwilling to accept consciousness of something, we use many different things to alienate ourselves, among them sex, power, money, hyperactivity, travel, television, alcohol and drugs.

02 / ANALYTICAL TRILOGY -

A scientific theory and methodology created by Brazilian psychoanalyst Norberto R. Keppe, Ph.D., which unifies the fields of science, philosophy and theology. In the individual this corresponds to the unification of feeling, thought and action that results in full consciousness.

03 / BEING -

One's essence, which is fundamentally good, beautiful and truthful.

04 / CENSORSHIP -

The prevention of disturbing or painful thoughts, feelings or actions from reaching consciousness except in a disguised form, especially consciousness of psychosocial pathology.

05 / CONSCIOUSNESS -

The component of waking awareness, both inside and outside oneself, perceptible by a person at any given instant. Includes awareness of right and wrong, of psychopathological attitudes and of goodness, truth and beauty.

06 / CONSCIENTIZATION -

A word coined in English as a synonym for the original in Portuguese used by Dr. Keppe to describe the psychological process of becoming aware of reality, both external and internal, through a mixed process of feeling and knowing.

07 / ENVY -

While the dictionary defines envy as a combination of discontent, resentment and desire usually for the possessions, advantages or qualities of another, Keppe adds a new dimension to this definition, broader than ordinary jealousy and closer to the Latin root of the word: invidere (in=non, videre=to see). Keppe sees envy as a psychological blindness, a negation of awareness, an unconscious wish to destroy the goodness and beauty we see not just in others but in our own lives as well. Although Keppe was originally trained as a Freudian analyst, he observed in his clinical practice that his patients exhibited envy that was not, as Freud proposed, sexually based. Instead, it was due to a broader rejection of love, an unconscious dismissal of the goodness, truth and beauty in oneself and in others. In Keppes opinion, envy, although mainly unseen, is the primary destructive psychological force behind all ills mental, physical and social.

08 / EXTERNALIZE/EXTERIORIZE -

To give or attribute an external form or objective character outside the self to states of mind, attitudes, etc.

09 / FEELINGS -

Keppe proposes that the only real feeling is love, and therefore that envy, hate, anger are not true feelings but primarily attitudes taken against love.

10 / IDEALIZE -

To regard or show as perfect or more nearly perfect than is true.

11 / IDENTIFICATION -

To recognize in another person one's own characteristics, good or bad. We can identify with someone without realizing it.

12 / INCONSCIENTIZATION / INCONSCIENTIZE -

A term coined by Keppe to describe the willful attitude of concealing, repressing or denying one’s consciousness. Hiding from oneself something one does not wish to see.

13 / INTERIORIZATION -

Coined by Keppe to describe the comprehensive process of perceiving the existence of an inner psychological universe greater than our external universe: virtually, the existence in us of the beauty, truth and goodness of the Creator. The most important process in Analytical Trilogy because it constitutes a return to one's inner self, to the source of life and happiness.

14 / INTERNALIZE / INTERIORIZE -

To make (others, especially the prevailing attitudes, ideas, norms, etc.) a part of one's own patterns of thinking.

15 / INVERSION -

A psychological process, first observed by Keppe in 1977 and unique to his work, in which values and the perception of reality are inverted in the individual and in society. Examples: seeing good in something evil and evil in something good; believing that reality, not fantasy, causes suffering; seeing work as a sacrifice and laziness as pleasurable; thinking that love brings suffering and pain; and making wealth, prestige and power the most important goal of all.

16 / NEUROSIS -

Any of various mental or emotional disorders involving symptoms such as insecurity, anxiety, depression and irrational fears. According to Keppe, all human beings are neurotic to a greater or lesser degree.

17 / PARANOIA -

Irrational distrust of others, delusions of persecution, often strenuously defended with apparent logic and reason.

18 / PROJECT -

To externalize or exteriorize (a thought, feeling or action/attitude) so that it appears to have objective reality.

19 / PROJECTION -

The unconscious act or process of ascribing to others one's own ideas, impulses or emotions, especially when they are considered undesirable or cause anxiety.

20 / PROJECTIVE IDENTIFICATION AND PROJECTIVE IDEALIZATION are

two sides of the same coin, so to speak, in which a person sees in someone else his own most serious defects or the qualities he imagines himself to have. Both types of projection involve unreal, delusional ideas.

21 / PROJECTIVE IDENTIFICATION -

An advanced stage of projection of a person's pathology, the individual sees the other person as being the cause of his problems and unhappiness. The target person(s) is usually emotionally linked to the individual and does not have the problems/attitudes ascribed to him. The sick person generally projects his own defects; that is, sees them in the very person or persons who are good to him. Envy is the underlying cause of projective identification, a theory initially proposed by Melanie Klein.

22 / PROJECTIVE IDEALIZATION -

An even more highly advanced stage of idealization, the person imagines that the object (usually a loved one) possesses ideals and qualities he himself fails to incorporate into himself or his life. Discovered by Norberto Keppe, projective idealization is another expression of envy in the Keppean sense and something that everyone does to some extent, imagining qualities the object does not possess. Very often the projection is an inversion whereby the person sees his own qualities in someone sicker, more unbalanced exactly the opposite of what occurs in the process of projective identification.

23 / PSYCHOPATHOLOGY -

The study of psychological illness. Also used as a synonym for psychological illness.

24 / SANITY -

Soundness of judgment or reason. Keppe considers a person sane if they are willing and have the humility to accept the consciousness of their envy as well as enough self-control to curb thoughts and actions based on envious impulses. In short, sanity means living and acting in accordance with the goodness, truth and beauty inherent in one's being.

25 / TRUTH -

That which is real; that which exists, good or bad. Truth is absolute, the same for everyone, never relative. The same holds true for all untruth, falsehood, lying. For example, spoiled food is not good for anyone; aggression hurts everyone; tyranny is not beneficial for anyone; love is good for everyone; oxygen is good and necessary for everyone.

26 / UNCONSCIOUS, THE -

Defined in traditional psychoanalytical theory as the division of the mind containing elements of psychic makeup, such as memories or repressed desires that are not subject to conscious perception or control but that often affect conscious thoughts and behavior. In Keppes view, the unconscious exists only as a negation of consciousness, which exists prior to it. He does not consider the unconscious to be an actual compartment in the psyche, but sees it as the effort we make to hide our problems, especially our envy. Because our psychopathology is too shameful to admit, we try to ignore it any way we can. As a result, it not only continues to exist but its negative force becomes even greater.

27 / WILL, THE -

A person’s acceptance or denial of the perception of consciousness.