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40 book-verified quotations

Norberto R. Keppe · Psychotherapy and Exorcism · English edition, 2018

SOCIAL MEDIA QUOTE BANK

Every excerpt is attributed and checked against the source PDF. Each entry records the printed page and PDF page, topic and editorial context. Short aphorisms work well as quote cards; longer passages are better as reflective posts or captions.

Exact words, not invented quotations. Text matches were checked with pypdf and Poppler. Line wrapping and discretionary layout characters are normalized; no internal ellipses or paraphrases are used.

The quotations express Keppe’s philosophical and spiritual views. Verifying the words does not validate medical or scientific claims. Do not use these excerpts to diagnose readers, replace treatment or promise cures.

Use the Social Media Kit to choose a quotation, download its image card and copy an attributed caption. Read the context and review your post before sharing.

Source: first edition, 2018; English translation by Susan Berkley and Richard Lloyd Jones. Proton Editora e Tecnologia Ltda. ISBN 978-85-7072-148-8.

Reading the references: “p.” is the printed book page; “PDF p.” is the physical page in the 100-page source book, not this booklet. Aphorism numbers refer to the numbered list on printed pages 71–72.

Psychotherapy *and* Exorcism

POSSESSION AND PSYCHOPATHOLOGY

01 / GOODNESS, BEAUTY AND TRUTH

Every being in its origin is uniquely true, beautiful and good.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 14 / PDF p. 26

Context: Keppe discusses the original goodness of being before its negation, omission or distortion. The following illustration about Newton is not part of this excerpt.

Use: Strong short-card choice. Visually checked against printed page 14.

02 / WHOLENESS AND INTEGRATION

What is separated fools us because it splits the whole and obliges the scientist to divide the indivisible.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 14 / PDF p. 26

Context: Concludes Keppe's argument for considering the physical and spiritual together. His proposal should not be presented as scientific consensus.

Use: Attribute as the author's integrative perspective, not established medical evidence.

03 / SHARED HUMANITY

At the end of the day, the devout and non-believers alike inhabit the same planet, enjoy the same benefits and suffer the same disturbances.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 14 / PDF p. 26

Context: Keppe argues that spiritual questions concern humanity as a whole, not only churchgoers. Preserve that shared-world framing.

Use: Good broad-audience reflection. Visually checked against printed page 14.

04 / HUMILITY AND GRATITUDE

After all, true achievement is always a Divine gift.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 17 / PDF p. 29

Context: Keppe contrasts self-aggrandizement with receiving achievement as a gift from God.

Use: Strong short-card choice; retain the printed capital D in Divine.

05 / BEING AND AUTHENTICITY

We can never stop being who we are; if we did, we would simply cease to be.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 18 / PDF p. 30

Context: An ontological argument about being, discussed in the context of demons' rejection of their own nature. Not generic lifestyle advice or an injunction against personal change.

Use: Use with a reflective caption about being and self-acceptance.

06 / GOD AND SPIRITUAL LIFE

God, however, is the very model of everything that exists and since all things come from Him, all beings are in one way or another a divine likeness.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 19 / PDF p. 31

Context: Keppe contrasts a creature needing an external point of reference with God as the model of creation.

Use: Theological reflection. Retain however rather than silently rewriting the opening.

07 / GOD AND SPIRITUAL LIFE

I desire that human beings put aside this idea of a punishing God who sends people to hell when, in fact, He is pure Goodness and total Affection.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 20 / PDF p. 32

Context: Keppe rejects the conception of a punitive God and describes goodness and affection instead.

Use: Strong core-theme choice. Visually checked against printed page 20.

08 / SELF-KNOWLEDGE AND AWARENESS

The purpose of the research I am conducting (along with a number of other scholars) is to help human beings realize the consequences of their actions so they can avoid the same misfortune.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 25 / PDF p. 37

Context: The author describes his own stated purpose after discussing consequences of choices. It is not independent validation of the research.

Use: A longer author-purpose post; do not turn research into a claim of proven effectiveness.

09 / RESPONSIBILITY AND CHOICE

Blaming demons for all our problems is an attempt to escape reality.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 25 / PDF p. 37

Context: Opening of a paragraph asserting human choice and responsibility despite demonic temptation. Keppe is not denying the existence of demons.

Use: Strong short-card choice; caption should preserve the book's distinction between spiritual influence and human responsibility.

10 / RESPONSIBILITY AND CHOICE

In our research, what is really going on is the liberation of the human being from himself and not so much from demons, even if he fervently believes in possession.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 26 / PDF p. 38

Context: Keppe interprets exorcism through the person's own resistance and participation, comparing this with psychotherapy. Keep this as his interpretation.

Use: More contextual than the short aphorisms; use in an attributed book-discussion caption, not as treatment advice.

11 / FREEDOM AND WILL

In other words, freedom is a prerogative of living; we would never be if we were not free.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 29 / PDF p. 43

Context: Keppe argues that God created beings with freedom and then contrasts this with demons' rejection of being. Freedom here is a theological/ontological prerequisite of existence.

Use: Strong short-card choice. Do not frame as freedom from all moral responsibility.

12 / VIRTUE IN EVERYDAY LIFE

Spirituality should be based on the virtuous nature of an individual or society.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 33 / PDF p. 47

Context: Keppe contrasts virtue with spirituality treated as a diploma-dependent academic activity. The surrounding section also relates virtue to his account of exorcism and divine energy.

Use: Strong short-card choice. Present as Keppe's understanding of spirituality, not an accreditation or medical claim.

13 / WHOLENESS AND INTEGRATION

The truth is that we all practice science, philosophy and spirituality in everything we do even if we do not have university degrees.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 34 / PDF p. 48

Context: Embedded in Keppe's argument that psychiatry and exorcism address the same integrated reality. He is discussing interconnected fields, not granting everyone clinical competence.

Use: Use an attributed philosophical caption. Do not imply professional qualifications or the right to provide treatment without training.

14 / FAITH AND PUBLIC LIFE

In my Trilogical work, I show how Christianity does represent true religiosity, although it must be independent from any state power.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 37 / PDF p. 51

Context: Keppe argues for Christianity's independence from state authority while describing spiritual and material powers as distinct in practical existence but related in essence.

Use: Preserve the explicit Christian framing and first-person qualification rather than generalizing to all religions.

15 / SOCIETY AND THE INDIVIDUAL

There is a very close relationship between the social structure and the individual because to survive, the human being must adapt himself to the society in which he lives.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 37 / PDF p. 51

Context: Opens Keppe's argument about how pathological social environments influence citizens, followed by historical examples and a discussion of awareness.

Use: Good longer reflection on social influence. Do not add diagnostic claims about particular audiences or countries.

16 / GOD AND SPIRITUAL LIFE

We have diminished the image of Jesus Christ to being a mere human being who created a religion rather than seeing Him as He truly is: the Second Person of the Holy Trinity, the All Powerful God, the Creator of everything that exists, the Lord of all goodness.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 42 / PDF p. 56

Context: Keppe explicitly affirms Christ's divinity within his Trinitarian theology. Nearby paragraphs criticize the reduction of Christ to a merely human religious founder.

Use: Long theological reflection, better as a caption or longer card. Do not recast as neutral scientific evidence.

17 / BODY AND SOUL

Generally, when dealing with spiritual matters, the tendency is to consider only those elements related to the soul, almost never giving thought to the body, which is also spiritual in nature.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 44 / PDF p. 58

Context: Keppe's theological argument treats body and soul as one enduring entity. Later paragraphs on this page criticize exclusively physical explanations; this is not an independently established account of physiology.

Use: Use only as the author's spiritual perspective. Do not turn it into advice to neglect physical symptoms or medical care.

18 / INTELLECTUAL OPENNESS

The great weakness in all schools of knowledge has been the unilateralness of their theories, which causes intransigence and prevents followers from analyzing what is correct and what is incorrect in the views of their opponents.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 47 / PDF p. 61

Context: Follows Keppe's proposal of dedinction, combining induction and deduction in a synthesis based on his reading of the Holy Trinity.

Use: Strong longer post on intellectual openness. Preserve the printed word unilateralness; do not silently modernize the translation.

19 / GOD AND SPIRITUAL LIFE

The human being is connected to transcendence twenty-four hours a day through all of his senses, thoughts and actions. There is no attitude that is not linked to the Creator.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 48 / PDF p. 62

Context: Keppe argues that individual, social and other human affairs are also supernatural because the human and spiritual universes are linked.

Use: Strong thematic reflection. Keep the explicitly supernatural/Creator framing; do not relabel it as a secular mindfulness finding.

20 / FREEDOM AND WILL

However, the very existence of humans (and demons) depends on this freedom to choose. In other words, neither humans nor demons would exist if they were not free to choose or reject who they are.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 51 / PDF p. 67

Context: Keppe's opening discussion makes freedom essential to created existence and to accepting or rejecting one's nature. He does not deny spiritual influence.

Use: A longer alternative to the short freedom quotation on printed page 29; avoid scheduling similar messages consecutively.

21 / SELF-KNOWLEDGE AND AWARENESS

Every individual, therefore, has everything he needs to be conscious of what he is accepting or rejecting, and whether or not it is in accordance with the structure of his being.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 52 / PDF p. 68

Context: Follows Keppe's statement that humans are created in God's image. The sentence concerns awareness and freedom within that metaphysical account, not a clinical judgment of a person's capacities.

Use: Use as an invitation to reflection, not an accusation that someone is responsible for symptoms or lacks sufficient awareness.

22 / BODY AND SOUL

Everything we do physically has spiritual repercussions just as our spiritual life also affects our body. We must not forget that we are unified beings comprised of body and soul where the physical and the spiritual work in unison.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 55 / PDF p. 71

Context: Keppe describes reciprocal physical/spiritual influences and body–soul unity. The surrounding chapter applies this interpretation to exorcism and medical treatment.

Use: An attributed spiritual interpretation, not medical advice or proof of a specific cause of illness.

23 / WHOLENESS AND INTEGRATION

It is fundamental to realize that our physical existence is only one side of the equation and that any profession, school of thought or relationship is incomplete and even unreal when only the physical or religious aspect is considered, becoming only partially true.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 61 / PDF p. 77

Context: Keppe argues that the spiritual and material must be considered together, criticizing exclusively material and exclusively religious approaches alike.

Use: Long reflection suited to a caption. Preserve the criticism of both one-sided approaches rather than selecting only the material side.

24 / BEING AND AUTHENTICITY

Only the essential prevails while the provisional is a transitory illusion.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 63 / PDF p. 79

Context: A metaphysical distinction following Keppe's claim that goodness, beauty and truth exist unconditionally. He contrasts this with society's preoccupation with titles, awards and appearances.

Use: Strong short-card choice. A caption about substance rather than status preserves the local context.

25 / SELF-KNOWLEDGE AND AWARENESS

Only the virtuous see their defects and only the strong see their weak points, just as only the generous perceive their greed and the humble their arrogance.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 63 / PDF p. 79

Context: Keppe argues that goodness makes awareness of faults possible, rather than equating recognition of faults with an absence of virtue.

Use: Strong core-theme quotation for a card about humility and self-awareness.

26 / GOODNESS, BEAUTY AND TRUTH

I can declare that I have elaborated a new metaphysics because I began with the principle that evil is the absence of goodness.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 63 / PDF p. 79

Context: The author states the premise of his metaphysical proposal, then develops the distinction between what is essential and what is provisional.

Use: Preserve the first-person phrasing so it remains the author's own account, not independent confirmation of originality.

27 / WHOLENESS AND INTEGRATION

In other words, the process of integration is reality while separation leads to disintegration.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 64 / PDF p. 80

Context: Concludes Keppe's claim that his Trilogical work reunites divided fields of human endeavor. This is specifically about integration of knowledge and activity, not a rule against leaving a harmful relationship.

Use: Strong short-card choice with an explicit caption about integrating fields of knowledge, rather than a generic relationship maxim.

28 / CONDUCT AND SPIRITUAL LIFE

There is a close relationship between human conduct and the supernatural for the primary determinant of what will happen to us after we die is how we have lived our lives here on Earth in terms of the quality of our thoughts, emotions and actions.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 65 / PDF p. 81

Context: Keppe's theological account connects earthly conduct and the afterlife; the continuation contrasts alignment with goodness, beauty and truth with their rejection.

Use: Long theological reflection, not an empirically verified prediction about what happens after death.

29 / HUMILITY AND GRATITUDE

Humility is accepting to be what you are.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 71 / PDF p. 87 · Aphorism 1

Context: A complete numbered aphorism, item 1.

Use: Strong short-card choice. Visually checked against printed page 71.

30 / ENVY AND COMPARISON

Envy is not accepting the success of others.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 71 / PDF p. 87 · Aphorism 2

Context: A complete numbered aphorism, item 2.

Use: Strong short-card choice. Visually checked against printed page 71.

31 / VALUES AND MATERIALISM

Greed is believing that money is superior to yourself.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 71 / PDF p. 87 · Aphorism 4

Context: A complete numbered aphorism, item 4.

Use: Strong short-card choice. Visually checked against printed page 71.

32 / GOD AND SPIRITUAL LIFE

To truly be is to be a likeness of God.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 71 / PDF p. 87 · Aphorism 10

Context: A complete numbered aphorism, item 10.

Use: Theological reflection. Visually checked against printed page 71.

33 / FREEDOM AND WILL

Our true will is similar to God’s will.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 71 / PDF p. 87 · Aphorism 15

Context: A complete numbered aphorism, item 15.

Use: Retain the printed curly apostrophe. Visually checked against printed page 71.

34 / GOD AND SPIRITUAL LIFE

Our very existence is the will of God.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 71 / PDF p. 87 · Aphorism 17

Context: A complete numbered aphorism, item 17.

Use: Theological reflection. Visually checked against printed page 71.

35 / FREEDOM AND WILL

He who is against the will of God is against himself.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 71 / PDF p. 87 · Aphorism 21

Context: A complete numbered aphorism, item 21.

Use: Use as the author's spiritual teaching, not as a statement about people of other faiths. Visually checked against printed page 71.

36 / SELF-KNOWLEDGE AND AWARENESS

Only a good person sees his wickedness.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 71 / PDF p. 87 · Aphorism 22

Context: A complete numbered aphorism, item 22; awareness of one's faults is placed alongside goodness.

Use: Strong short-card choice. Visually checked against printed page 71.

37 / GOODNESS, BEAUTY AND TRUTH

The greater the goodness, the greater the consciousness of evil.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 72 / PDF p. 88 · Aphorism 23

Context: A complete numbered aphorism, item 23.

Use: Visually checked against printed page 72.

38 / SELF-KNOWLEDGE AND AWARENESS

The perception of evil comes through the consciousness of goodness.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 72 / PDF p. 88 · Aphorism 28

Context: A complete numbered aphorism, item 28.

Use: Visually checked against printed page 72.

39 / GOODNESS, BEAUTY AND TRUTH

What is good thrives by itself.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 72 / PDF p. 88 · Aphorism 33

Context: A complete numbered aphorism, item 33.

Use: Strong short-card choice. Visually checked against printed page 72.

40 / GOODNESS, BEAUTY AND TRUTH

Evil dies while goodness is eternal.

Norberto R. Keppe · Psychotherapy and Exorcism (2018) · p. 72 / PDF p. 88 · Aphorism 35

Context: A complete numbered aphorism, item 35.

Use: Strong short-card choice. Visually checked against printed page 72.